

# Getting started with online teaching and learning

## Transcription: Video 6

### Interviewees:

**Kirstin Coughtrie**

Chief Innovation Officer  
Gaia Learning

**Aruna Shetty**

Head of Schools  
21K Schools

**Lalith Prasad**

Regional Senior Education Manager  
Cambridge International Education

### What are some next steps for schools and teachers?

**Kirstin Coughtrie**


I remember like, just being painfully embarrassed about watching my own lesson back. But it was something that one of my first mentors got me to do. I think I taught a Year 10 lesson and he was like, *Actually, you know what? I hadn't thought about doing that. I'm going to do the same thing again, your same goal. Now you watch me.* And then we watched the footage back again. I don't think it's that different to recording the Zoom lesson or putting a camera actually in your classroom and watching that, being able to watch student interactions afterwards and really like not to be embarrassed about it, but really watch it back with an inquiring mind of *Okay, where did I lose them? Where did I really engage them?* Is I think, a really powerful learning experience, whether it's in a physical classroom or whether it's online. And I think what underpins it is just that desire as an educator to just keep on learning.

**Aruna Shetty**

We have a WWW-EBI session. Okay so W.W.W. is *What Went Well* and E.B.I. is *Even Better If*. So, we do have these sessions often with our team members after any event, after any, you know, assessment, after a class. So either it is, you know, through Exit Tickets. So everybody, you know, gives feedback and everybody reflects. So this entire exercise helps us in reviewing our own practices without really feeling, you know, that, people are judging us. I think when you have a culture of feedback which is constructive, I think one really kind of, you know, you have a mindset where it is a growth mindset,

**Lalith Prasad**

The other best thing about online is you can reach out to the educators and also teachers across the globe. It is not limited, it doesn't confine you, that you have to learn something from a



particular teacher, so you can actually engage with the teacher who's sitting few thousands of miles away from your hometown and also get those kind of teaching and learning. You can also connect with the students who are there in different countries and also work and also make this learning very, very joyful and also probably purposeful learning. This is what I feel, as of now.